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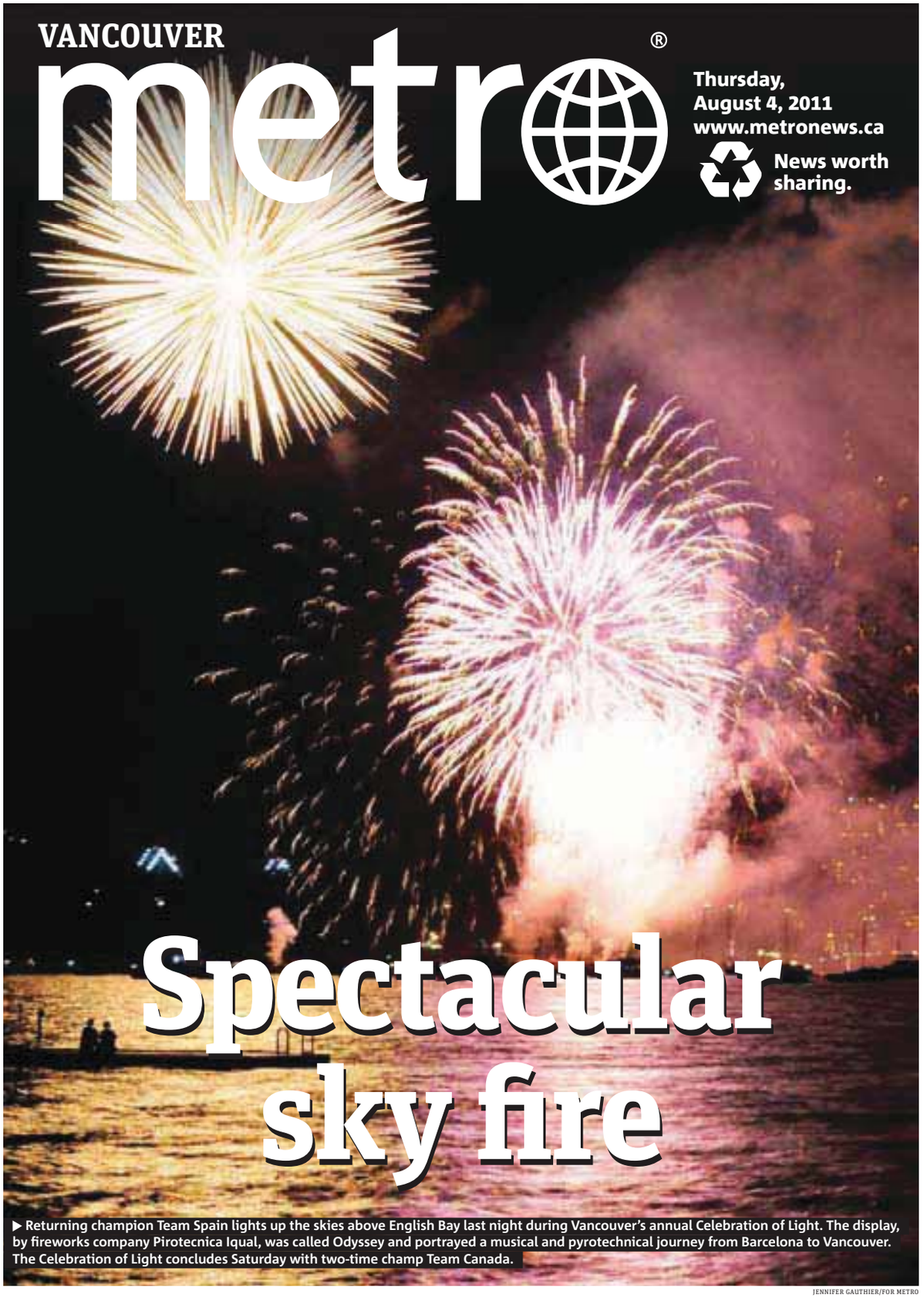
Spectacular sky fire



▶ Returning champion Team Spain lights up the skies above English Bay last night during Vancouver's annual Celebration of Light. The display, by fireworks company Pirotecnica Iqual, was called Odyssey and portrayed a musical and pyrotechnical journey from Barcelona to Vancouver. The Celebration of Light concludes Saturday with two-time champ Team Canada.

JENNIFER GAUTHIER/FOR METRO

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VETERAN PRESENCE
LIONS TRADE WITH TICATS FOR ARLAND BRUCE {page 21}

DREAMS CUT SHORT
WINEHOUSE WANTED KIDS, MARRIAGE
{page 16}

CITY LANDS SPECIAL OLYMPICS
NATIONAL GAMES SET FOR 2014 {page 4}

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1 news

New theory blames 'big splat' for our not being able to gaze up at two moons each night. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Oscar winner Russell Crowe in St. John's to film guest spot on CBC's Republic of Doyle. Video at metronews.ca

Farewell Foundation awaits decision

While Gloria Taylor prepares for her day in court, another group advocating the right to die will have to wait for theirs.

The Farewell Foundation made their final submissions to Justice Lynn Smith in B.C. Supreme Court yesterday in their bid to go ahead with a civil challenge of the Criminal Code sections pertaining to assisted suicide.

Unlike Taylor's case, which is pushing for a doctor-assisted model used in Oregon State, the Farewell Foundation hopes to adopt a Swiss model where the society is registered as a non-profit organization and helps qualified members end their life outside the "intimidating" medical setting.

A decision on whether the group has private interest standing in a civil claim is expected Aug. 17.

The foundation's lawyer, Jason Gratl, argued their case must proceed because there's no guarantee the model will be raised as a possible option in the Taylor case.

Russel Ogden, a director at the Farewell Foundation, said he's willing to take the case to the Supreme Court of Canada — though it's possible the foundation will apply as interveners or participants in the B.C. Civil Liberties Association-led Taylor suit.

Right-to-die advocates say it's time to reconsider a 1993 Supreme Court of Canada decision denying Sue Rodriguez, who had Amyotrophic Lateral Sclerosis, or Lou Gehrig's disease, the right to take her own life.

MATT KIELTYKA/WITH FILES FROM THE CANADIAN PRESS

PHYLICIA TORREVILLAS/METRO FILE

▶ Gloria Taylor, who suffers from Lou Gehrig's disease, has had her right-to-die case fast tracked through B.C. Supreme Court.

Woman's right-to-die trial fast-tracked

West Kelowna resident with Lou Gehrig's disease wants doctor-assisted suicide ◐ Four-week summary trial will be held beginning Nov. 15

A woman who has lived far longer than her doctors had predicted plans to hang on until her right-to-die case is hurried through a B.C. court, her lawyer says.

B.C. Supreme Court Justice Lynn Smith agreed to a speedy trial for Gloria Taylor.

"I am satisfied the time is urgent," Smith told a crowd gathered in a Vancouver court for her decision yesterday.

A lawyer for the federal government argued earlier in the hearing that such a fast trial should not be considered because the constitutional challenge is too complex to be prepared that quickly.

Taylor's lawyer, Joe Arvay, said the decision to fast-track the trial means his client may now have the chance she wants to use a doctor to help her end her life.

Taylor, 63, has Amyotrophic Lateral Sclerosis, or Lou Gehrig's disease, and Arvay told the court earlier in the week that her condition is getting worse.

"Gloria is an amazing woman. She has lived much longer than the doctors had predicted that she would," Arvay told reporters outside the court.

"She told me that she was going to hang on as long as it took in order for her to exercise her constitutional rights."

The court heard Taylor, a West Kelowna, B.C., resident, has difficulty walking and her doctor has told her she will soon need to have a feeding tube inserted.

She began experiencing the symptoms of ALS in 2003. Eighty per cent of people diagnosed with ALS die within two to five years of being diagnosed.

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Man who bit off girlfriend's nose sentenced

Victim's children frightened of her appearance, courtroom is told

A Vancouver-area man who bit off his girlfriend's nose after she fought off his sexual advances has been sentenced to eight years in prison for aggravated sexual assault.

Because of time already served, Rodolfo Gonzalez-Hernandez, 45, will spend four and a half years in a federal institution, far less than the 14 to 18 years the Crown prosecutor had sought.

After an attempt to reattach her nose failed, the victim, who can't be named, underwent several reconstructive surgeries, including a skin graft from her forehead.

The court heard she can no longer smell or taste. She also runs the risk of illness and infection because her reconstructed nose lacks natural filters.

The assault took place Nov. 8, 2009.

After a night of drinking beer, Gonzalez-Hernandez pushed the woman on a bed and held her arms over her head. Four or five times, he put his mouth over her nose.

Eventually, she pushed him off with her legs, but he then punched her in the head, face and eyes.

Before passing out, the woman remembers blood spurting from her face.

THE CANADIAN PRESS

SCOTT SERFAS/RED BULL

▶ Pilot Pete McLeod flies during the Celebration of Light at English Bay.

"NOT FLYING ISN'T NORMAL FOR ME"

Red Bull pilot Pete McLeod treated the crowd ahead of the Celebration of Light with an aerobatic demonstration. Metro talked to the 27-year-old pilot about his stunt flying.

How did you get into aerobatic stunts?
I grew up flying, and my dad had me in a plane at six weeks old. Not flying isn't normal for me. I got into aerobatics when I was 16, getting my licence and safety training. I was hooked at that point. I loved speed and performance.

How did it feel to fly at the opening night of the Celebration of Light firework display?
I've flown in some pretty great crowds all over the world, and this was my first time in Vancouver. The setting was a spectacular backdrop and the crowd was great. It was an awesome experience. TERRIS SCHNEIDER

NDP's Dawn Black leaving politics

CONTRIBUTED

▶ Dawn Black

It's sunset for Dawn Black as the NDP MLA announced yesterday she is retiring from politics to make way for the next generation of leaders.

The former three-term member of Parliament plans to remain as MLA until the provincial election is called.

She is looking forward to spending more time with her family, including her seven grandchildren, and travelling with her husband, Black said in a statement. But she intends to stay involved in politics and in her community.

Earlier this year, Black was chosen by the NDP caucus as interim leader of the provincial party after Carole James resigned as leader. PHYLICIA TORREVILLAS

Woman charged after stabbing

A Maple Ridge woman is facing a charge of attempted murder for allegedly stabbing her common-law husband.

Police were called to the 22100 block of Dewdney Trunk Road around 5 a.m. Sunday. Witnesses say they saw a woman chasing a man, stabbing him numerous times. He is expected to survive.

Teresa Marlene Shayler, 47, appeared in court Tuesday. METRO

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CNW GROUP/SPECIAL OLYMPICS CANADA

▶ The 2014 Special Olympics Canada Summer Games will be hosted in Vancouver.

City to host Special Olympics Canada

Athletes with intellectual disabilities will be competing in 11 sports

PHYLICIA TORREVILLAS
@METRONEWS.CA

Vancouver will be hosting a very special event in 2014.

More than 1,500 athletes with intellectual disabilities from across the country will go for gold during the Special Olympics Canada Summer Games.

Athletes will compete at the University of B.C. main campus in 11 sports, including swimming, powerlifting, rhythmic gymnastics, soccer and track and field.

Three new sports — basketball, bocce and golf — have also been added to the roster. Former VANOC official and Olympic speedskating medallist Cathy Priestner Allinger has been selected to lead the Games.

"One of my personal goals is to host the best Games for the athletes and families so their experience here is unparalleled," said Priestner Allinger. "We hope that there'll be a legacy to these Games for the city."

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Businesses receive cheques from riot fund

TERRIS SCHNEIDER/FOR METRO

▶ Tony Caligiuri, right, at Da Gino Ristorante.

When Da Gino Ristorante owner Francesco Caligiuri barricaded himself in his restaurant during the Stanley Cup riot, he thought he had found a safe haven.

"Rocks started to come in and people were smashing the windows," said Caliguiri. "I was terrified and had no clue what to do."

Da Gino's is among the businesses and restaurants that are receiving cheques from the Vancouver Restoration Fund for damages suffered during the riots that are not covered by insurance. Caligiuri, who owns the restaurant with his father, Tony, said the riots had a devastating emotional impact on their lives. Telus and Vancity are major donors to the fund.

TERRIS SCHNEIDER

News in brief

Another Carnie at the PNE

Female vocal trio Wilson Phillips will play the PNE Sept. 1, replacing Cheap Trick, who cancelled over concerns about the PNE stage. The trio consists of Carnie and Wendy Wilson (daughters of Beach Boy Brian Wilson) and Chynna Phillips (daughter of John and Michelle Phillips of the Mamas And The Papas). TERRIS SCHNEIDER

Gibsons bans leghold traps

The town of Gibsons, on the Sunshine Coast, has banned animal traps in a move being called the first of its kind in Canada. The ban came after a woman's dog was caught in a leghold trap meant for wolves.

THE CANADIAN PRESS

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Philippine-born banker shares personal credit lessons with newcomers

Since it's easier to help others when you've walked in their shoes, Philippine-born Lorina Serafico has a knack for educating newcomers about banking and settling in Canada.

While today she works in Vancouver as a Financial Solutions Specialist at the Scotiabank branch at 49th Avenue and Fraser Street, her early days in Canada were not always easy. Arriving in British Columbia in 1990, she coped with having little money while working as a nanny. After a disabling back injury, she completed bank courses and earned a position at Scotiabank with the help of the Career Edge internship program.

Since overcoming her own settlement hurdles, Lorina now shares first-hand financial advice with immigrants, as a volunteer at the Vancouver Committee for Domestic Workers' and Caregivers' Rights, and with her newcomer clients at Scotiabank.

"I got my first credit card in the mail, but there was no education on how to use it," recalls Lorina. "I now tell newcomers that credit is important for their future here. However, you need to ensure you can afford to pay it back, and pay on time, or it will cost you later," notes Lorina. Lorina offers the ***Scotiabank StartRight***® Program[1] for Newcomers, which includes a free day-to-day bank account for one year[2], a wide range of VISA* card options[3] and a number of other customized services and benefits.

"I explain that small steps can get them to their goal eventually," observes Lorina, who herself began saving $25 a month, and banked her tax refund each year, until she accumulated the downpayment for a condominium. "There are also programs like the federal government Home Buyers' Plan that let you borrow from your registered retirement savings plan to buy a home."

While the thought of a 30-year mortgage may be intimidating, Lorina explains the benefits of paying a mortgage rather than renting: "Your home can be the foundation of your financial future, and there are ways to pay it off more quickly. For example, as your personal finances improve, you can make an annual lump sum prepayment allowed by your bank, increase your monthly payments, or switch from monthly to bi-weekly payments, to greatly reduce the cost and duration of your mortgage. It's up to you," concludes Lorina, who tells newcomers to set goals and be disciplined with money. "Credit can be good if you learn to use it to your advantage to get a home or an education, and to add value to your new life in Canada."

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Lorina Serafico gladly shares first-hand advice with newcomers at her branch and around the community.

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Mubarak pleads not guilty at trial

About 50 supporters pounded the gate trying to gain access Some chanted, 'We love you, Mubarak!'

An ailing 83-year-old Hosni Mubarak, lying ashen-faced on a hospital bed in a metal defendants cage denied charges of corruption and complicity in the killing of protesters at the start of his trial yesterday.

The spectacle, aired live on state television, was a stunning moment for Egyptians. Many savoured the humiliation of the man who ruled for 29 years, during which opponents were tortured, corruption was rife and poverty widespread.

"This is the dream of Egyptians, to see him like this, humiliated like he humiliated them for the last 30 years," said Ghada Ali, the mother of a 17-year old girl in the city of Alexandria who was shot to death during the crackdown.

"I want to see their heart explode like my daughter's heart exploded from their single bullet," Ali said.

It was the first time Egyptians have seen Mubarak since Feb. 10, when he gave a defiant TV address refusing to resign.

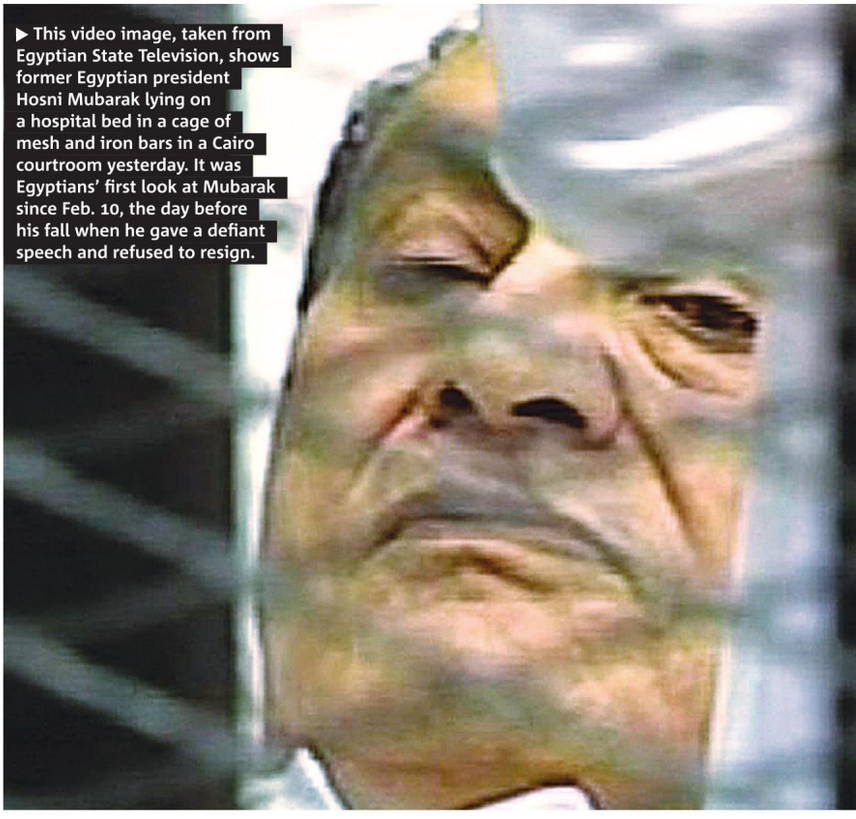
In the courtroom, a prosecutor read the charges against Mubarak — that he was an accomplice along with his then-interior minister in the "intentional and premeditated murder of peaceful protesters" and that he and his sons received gifts from a prominent businessman in return for guaranteeing a lowered price in a state land deal.

"Yes, I am here," Mubarak said from his bed, raising his hand slightly when asked to identify himself and enter a plea.

"I deny all these accusations completely," he said wagging his finger. Emotions swirled outside the Cairo police academy where the trial was held.

A crowd of Mubarak supporters and opponents massed at the gates, scuffling sporadically as they watched the proceedings on a giant screen. They threw stones and bottles at each other while riot police with shields and helmets tried to keep them apart.

THE ASSOCIATED PRESS



▶ This video image, taken from Egyptian State Television, shows former Egyptian president Hosni Mubarak lying on a hospital bed in a cage of mesh and iron bars in a Cairo courtroom yesterday. It was Egyptians' first look at Mubarak since Feb. 10, the day before his fall when he gave a defiant speech and refused to resign.

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EGYPTIAN STATE TV/THE ASSOCIATED PRESS

Mubarak's life

Key dates in the life of Hosni Mubarak:

- **May 4, 1928 —** Born in village of Kafr el-Moseilha.
- **April 1975 —** Chosen by President Anwar Sadat to be vice-president.
- **Sept. 7, 2005 —** Mubarak wins first multi-candidate presidential election.
- **Nov. 2010 —** Parliamentary elections are held that opposition parties say are marred by fraud.
- **Jan. 25, 2011 —** Thousands of anti-government protesters in Cairo stage the biggest demonstrations in Egypt.in years
- **Jan. 28, 2011 —** Mubarak orders the army out on the streets to restore order.
- **Feb. 1, 2011** — Promises not to seek re-election, but says he'll serve out the last months of his term and die on Egyptian soil.
- **July 14, 2011 —** Denies responsibility for killing some 850 protesters by his security forces during uprising.

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Snake rescued from bathtub

It wasn't a cat in a tree. But Calgary firefighters handled a stranded-pet case yesterday.

Around 4 a.m., the firefighters responded to an animal-distress call: A boa constrictor was in a bathtub with the water running.

The truth came out in the cold light of day.

Snake owner Sarena Dobmeier had been moving from her suite in Calgary's Ranchlands.

After a long night of packing, she decided to spend a couple of hours sleeping in her new home — leaving the eight-foot boa, Herc, to be retrieved later.

But during the night puzzled neighbours heard water running and called firefighters.

It seems Herc had brushed up against the faucets and turned on the water in the tub.

Fire spokesperson Brian McAsey said the snake was "pretty friendly" and firefighters had no trouble transporting it to a vet.

Dobmeier said she came back at six in the morning and the neighbours said "You won't believe what happened."

Said McAsey: "It opens itself up nicely for a snakes and ladders joke."

KATIE TURNER

ADVERTISING FEATURE

CDI College's Practical Nursing Program prepares grads for a lifelong career path

APPLICATIONS CURRENTLY BEING ACCEPTED FOR UPCOMING FALL START AT THREE LOWER MAINLAND CAMPUSES.

CDI College still has open spaces for the September start of its Practical Nursing program. This one year program will prepare anyone looking to enter the fast-paced healthcare field.

Nursing continues to be a highly-respected profession in Canada. Licensed practical nurses (LPNs) are one group of nursing professionals who play crucial roles in a broad range of healthcare fields in BC. As such, LPNs need to have the fundamental knowledge and practical training to succeed on the job. Those interested in pursuing a position in the province's growing healthcare sector will find that the 51-week Practical Nursing diploma program at CDI College is the perfect way to jump start a nursing career.

Nursing has traditionally been a lifelong career choice. The wide range of options available to LPNs provides them with opportunities to work in various departments, locations and levels of management. For instance, graduates can find careers in hospitals, care homes, community health centers, schools and medical clinics.

Students in the Practical Nursing program learn from industry-experienced instructors. They study essential subjects such as human anatomy, physiology, pharmacology and professional issues as well as a range of specialized topics like acute care, gerontology and community health. Supervised clinical practicum placements in community care settings, long-term care facilities and acute care environments allow students to gain essential practical experience in the field. A final preceptorship prepares students for the transition from student nurse to licensed professional.

"Upon graduation, our students are prepared for writing the Canadian Practical Nurse Registration Exam (CPNRE) in order to apply for licensing with the College of Licensed Practical Nurses of BC," says Dr. Bohdan Bilan, VP of Academics for CDI College. "As new professionals in the industry, our graduates will become key assets in the province's healthcare system for years to come."

CDI College is currently accepting applications for the fall intake of its 51-week Practical Nursing program at its Richmond, Surrey, and Vancouver campuses. Program lengths may change for future sessions due to curriculum revisions.

If you're interested in learning more about the program call **1-888-654-4179** or visit **van.cdicollege.ca.**
Join the conversation on
Facebook **(Facebook.com/CDICollege)**
and Twitter **(Twitter.com/CDICollege).**

Free. Again

▶ Andre, an endangered green turtle, is released into the ocean after a 414-day stay at the Loggerhead Marinelife Center in Juno Beach, Fla., yesterday.

Endangered turtle gets second chance at life after rehabilitation

Aussie bomb scare was a hoax: Police

Young woman wore suspicious device around her neck for 10 hours in Sydney home

A suspicious device that had been attached to a Sydney teenage girl's neck contained no explosives and appeared to be part of an elaborate hoax, Australian police said late yesterday.

In a scene that could have been straight from a Hollywood thriller, bomb squad specialists worked for 10 horrifying hours to free 18-year-old Madeleine Pulver from a bomb-like device she said was chained to her neck by a man in disguise who entered her suburban Sydney home in the afternoon. She was not hurt, and officials managed to free her.

New South Wales state police Assistant Commissioner Mark Murdoch said earlier yesterday that specialists had determined the device contained no explosives.

Murdoch said the man apparently had also left a threatening note in the house with specific demands that police would not describe.

"A very, very elaborate hoax as it turned out," Murdoch told reporters. "But it was made and certainly gave the appearance of a legitimate improvised explosive device. We had to treat it seriously until we could prove otherwise and that's exactly what we did and that's why it took so long."

Murdoch said the device had been attached to the girl "by a chain or something similar," which took officers a long time to remove. He declined to describe the disguise the attacker wore.

THE ASSOCIATED PRESS

LANNIS WATERS/THE PALM BEACH POST

Andre the turtle was found more than a year ago, stranded on a sandbar and split open by multiple boat strikes. He had gashes in his shell, a collapsed lung and severe infections. The Loggerhead Marinelife Center put him through a 13-month rehabilitation that included groundbreaking surgeries.

Britain seizes cocaine worth $471 million from pleasure boat

British officials said yesterday they have seized $471 million worth of cocaine in a record-setting drug bust on a pleasure boat.

The U.K. Border Agency and Serious Organized Crime Agency said the 1.2-tonne haul was found hidden in a specially designed compartment on a boat docked in southern England in June.

Officials said it was the largest-ever haul of Class A drugs ever found in the country.

Britain classifies Class A drugs as those most likely to cause harm.

French authorities alerted British officials to the suspicious craft, Louise, while it was in the Caribbean in May.

It took six days of searching the vessel to find the drugs because the hiding place was "ingenious," said Brodie Clark of the U.K. Border Agency.

THE ASSOCIATED PRESS

ARREST

Police pick up man wanted in sex case

The RCMP say a man being sought on a Canada-wide warrant for an alleged sexual assault in Penticton, B.C., has been arrested.

The force says David Wesley Bobbitt was arrested in the community of Osoyoos, B.C., without incident, thanks to a tip from the public.

The RCMP says early yesterday evening, an orchardist near Oliver, B.C., noted someone setting up camp on his property and told him to leave.

As the man left, the orchardist recognized the man as Bobbitt and called an off-duty RCMP officer friend, who alerted his colleagues.

An uniformed officer arrived and arrested Bobbitt as he walked along Highway 97 near Osoyoos.

Police began searching for a suspect after a brutal attack last weekend on a 22-year-old Penticton woman, who was found Sunday bound, severely beaten and sexually assaulted inside a second-hand store.

The attack, which allegedly continued upwards of 12 hours, took place in front of her 22-month-old son, who was not harmed.

The woman remains in hospital recovering from severe head, facial and other injuries.

THE CANADIAN PRESS

'Damsel in distress' faces charges in U.S.

A Canadian woman authorities dubbed the "damsel in distress" because of the sob stories she told strangers to scam them out of small amounts of cash has pleaded guilty to larceny charges in the U.S.

Wendy Price-Baldassari was sentenced Tuesday to three months of probation and ordered to pay $500 US in restitution after pleading guilty to 20 counts of larceny less than $250.

THE ASSOCIATED PRESS

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Market moment

PRICES AS OF 5 P.M. YESTERDAY

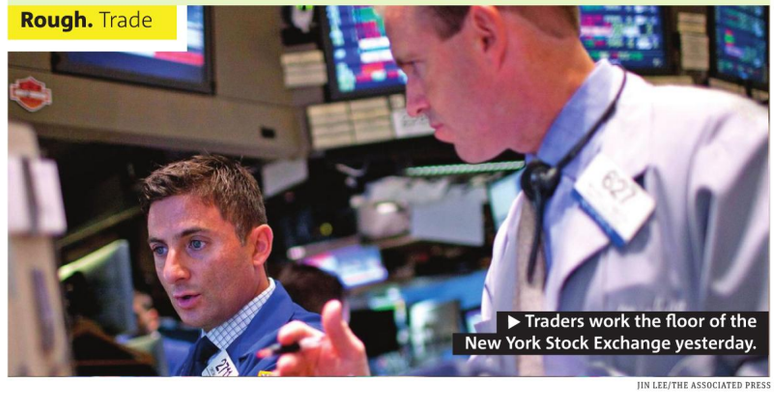
TSX	Dollar	Oil	Natural gas 1,000 cu ft	Gold
+ 63.71 (12,816.03)	- 0.25¢ (103.89¢ US)	- $1.86 ($91.93 US)	$4.090 US (- 6.5¢)	$1,666.30 US (+ $21.80)

Deadline extended for TMX takeover

A consortium trying to take over the operator of the Toronto stock exchange is giving investors until Sept. 30 to decide whether they want to tender their shares. Maple Group Acquisition Corp., said yesterday that it is extending the deadline while it continues trying to get required approvals to purchase TMX Group Inc., and will further extend the deadline if necessary. Maple has said it expects securities regulators and the federal Competition Bureau to make a ruling by the fall. THE CANADIAN PRESS

$3.8B
Maple Group is offering $3.8 billion to acquire 70 to 80 per cent of the shares of TMX Group Inc.

Rough. Trade



▶ Traders work the floor of the New York Stock Exchange yesterday.

JIN LEE/THE ASSOCIATED PRESS

Ill wind blowing for U.S. economy

Reports released yesterday showed fewer U.S. factory orders, a slowdown in the service industry and rising supplies of crude and gasoline. The weakening U.S. economy seems to be driving home a message of lower consumption. Without strong consumer confidence to invigorate growth, there is mounting fear on Wall Street that the U.S. risks sliding into a long-term economic coma.

No 'Shady RATs' here, agency says

- **Canadian group denies it was hit by cyber-attacks**
- **McAfee report says anyone can fall prey to intrusions**

The World Anti-Doping Agency says it "has yet to be convinced" that it was one of four Canadian operations targeted in an international hacking scam.

Security firm McAfee named the Montreal-based agency in a report released yesterday, saying its systems were compromised for 14 months starting in August 2009.

McAfee dubbed the hacker scheme Operation Shady RAT, with RAT being a common acronym in the computer industry meaning Remote Access Tool.

The agency concedes there was a breach of its email servers in February 2008, but says it has no evidence of other violations.

David Skillicorn of Queen's University says such skepticism illustrates a stark reality: Most organizations don't know when they've been compromised. He says the McAfee report, which cited 72 intrusions worldwide from the same source over the past five years, was based on reliable research and is probably accurate.

McAfee also says two unidentified Canadian government agencies were targeted, the first in October 2009 for six months and the second in January 2010 for one month.

It says the governments of the U.S., Taiwan, India, South Korea and Vietnam were also on the target list, along with the IOC, the UN and many companies. THE CANADIAN PRESS

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PARENTAL ADVISORY: CLOCK'S TICKING

HE SAYS ...

JOHN MAZEROLLE
METRO

For their summer vacation my parents have been visiting me in Toronto from Saint John, N.B., and so far I've had a lovely time taking them to restaurants, touring museums and preparing their eulogies.

My parents are only 54, which is young for parents, but 54 is also the average temperature difference between the two cities. In Saint John, a beautiful morning is one where the fog will burn off in time for the evening commute, while in Toronto I've been known to chase refreshing breezes down the street, screaming at them to come back.

So my parents have been attempting to have a good time, largely successfully, despite melting like plastic army men under a magnifying glass. Dad, in particular, looks like he could do that body-shake dogs do when they've just crawled out of a lake — except instead of laughing playfully the people nearby would run like they were fleeing a nuclear meltdown.

"When the switch to caretaker is complete, I plan to make them eat their vegetables and play outside on sunny days, even if their favourite show is on."

Aside from the risk of Mom and Dad spontaneously combusting, there's also the fact I rarely see them, meaning new ailments they've acquired during the past year come as a mild shock. My mother has a new knee problem that makes stairs seem like the equivalent of a military rope climb, and my dad's so farsighted now that he holds menus out in front of him like he's driving a go-kart.

They've become my canaries in the coal mine, essentially, telling me which things are going to fall apart on me first.

So I watch Mom and Dad with a blend of admiration and worry, the beginning of that role reversal families go through where eventually the kids are looking after the parents. I fret after every parental wince, as they did for me when I was a kid (presumably).

And as I write this sentence, I haven't heard from them in seven hours and don't understand why they haven't called. Don't they know I'm worried sick? What if they're lost on the streets of Toronto? They won't know what to do.

After all I've done for them.

When the switch to caretaker is complete, I plan to make them eat their vegetables and play outside on sunny days, even if their favourite show is on.

But before the role reversal happens, I also want to say thank you to them, not only because they've been my guides, my support and my friends, but also because I fully expect them to be dead by the end of the week.

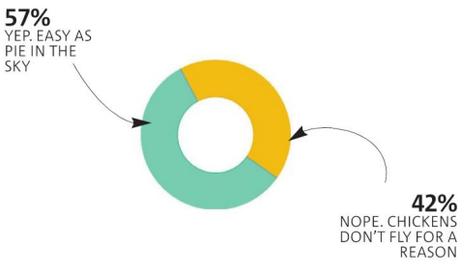
Just remember, readers, that they were kind people, they were good people...

Read more of John Mazerolle's columns at metronews.ca/hesays

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Would you brave Edgewalk at Toronto's CN Tower?



Local tweets

- **@Sir_Earl:** After watching #Curb I'm really craving Palestinian food (although I don't know what it is). Don't think there's any in #Vancouver though.
- **@shedoesthecity:** #Vancouver Hit List: Brazil Fest, Smiths Disco, Celebration of Light, A Day at the Races and a Big Summer Sale
- **@bonbons:** Perfect day to roam around streets of #vancouver #enjoyinglife
- **@Downtown65:** Arland Bruce and @geroysimon out there together... Siiick! Now just to see my boy @KieAir_10 out there too
- **@sutherland604:** Going to go see Spain light up the sky in #Vancouver tonight for the @celeboflight. Where are you watching it from?
- **@D1GGY:** fireworks again tonight in #Vancouver sun is out again...keep it going Sun haha
- **@bcgovnews:** Get your cheer on! The 2014 Special Olympics Canada Summer Games will be hosted in #Vancouver @sobcsociety
- **@MiltStegallTSN:** Can Spider Man and Super Man coexist in BC?

Letters

RE: A particle of hope amid tragedy, published July 29.

Mr. Sullivan, you write some pretty glib remarks in your editorials, but I believe your crass remark about Jack Layton as "the champagne socialist" has to be one of the most crass I've read.

Layton is leader of a social democratic party, not socialist. Your flippancy is really quite uncalled for at this time during serious illness.

PEGGY O'NEILL
EDMONTON

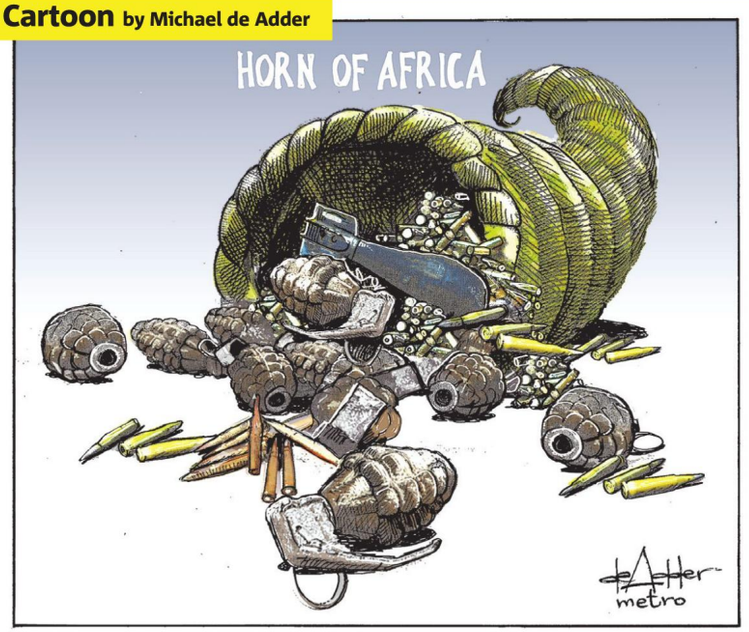
RE: Hey — can I get your number? published August 2.

Hi Jessica, You may be very interested in one man's enlightened opinion with respect to women, empowerment, sexuality and the whole "what is a respectable number" debate, including the whole notion of women being perceived as "sluts" for enjoying sex too much.

Look up Johnny Soporno's online web tutorial/videos on being a worthy playboy, where he discusses the societal psychology surrounding women's sexuality. Thanks for the great column today!

DAVID CORMICAN
TORONTO

Cartoon by Michael de Adder



WEIRD NEWS

One little peacock sitting on a wall...

A peacock with a sense of adventure — and a good sense of direction — has flown back home to New York's Central Park Zoo.

On Tuesday, humans flocked and tweeted as the peacock left the zoo for a perch on a Fifth Avenue window ledge. It had good taste: A condo there reportedly sold for $22.5 million in 2009.

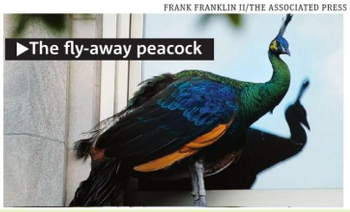
Zookeepers predicted the handsome green and blue bird would make its way home — and it did just before 7 a.m. local time yesterday.

It's been a rebellious season in the city zoos. In March, an Egyptian cobra was found nearly a week after it went missing at the Bronx Zoo's Reptile House.

Two months later, a zoo peahen was recovered at a nearby auto-body shop.

THE ASSOCIATED PRESS

FRANK FRANKLIN II/THE ASSOCIATED PRESS



▶The fly-away peacock

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2 scene

Plenty to see at MusicFest

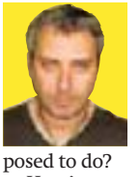
Features over 40 concerts in 10 days Festival opens on Friday

RAPHAEL MAZZUCCO

▶ Sarah McLachlan is set to perform with the Vancouver Symphony Orchestra tomorrow.

BACKSTAGE PASS

GRAEME MCRANOR
METRO VANCOUVER



So many summer festivals, so little summer — what's a Lower Mainlander supposed to do?

Here's an idea: MusicFest Vancouver kicks off Friday and, for 10 days, offers its annual selection of classical, jazz and world music.

Why not add it to your list of things to do?

Officially, the festival features more than 40 concerts and events spread across eight excellent venues.

Here are some of this year's highlights:

Odlum Brown Gala Opening Concert
(Tomorrow, 8 p.m., Orpheum).

Sarah McLachlan performs with the Vancouver Symphony Orchestra. That, my music loving friends, is a win-win for, well, music lovers. And really, is there anyone who identifies as a music hater? Don't think so.

Swingle Singers: Classic Reinventions
(Saturday, 7:30 p.m., Chan Centre).

No, this isn't an HBO special on swingers. International a cappella group Swingle Singers have won five Grammy Awards. Five! To paraphrase Monty Python, that's one more than four and one less than six. The group has released more than 50 recordings over 40 years. Impressive stuff.

Regina Carter and the Reverse Thread Project
(Monday, 8 p.m., Vogue Theatre).

Jazz violinist Regina Carter has performed with Ray Brown, Marian McPartland, Kenny Barron, Wynton Marsalis, and many more. The Thread Project is a collection of African folk melodies; an exploration, according to advance press, "of the old and new — and that of a musician internationally acclaimed as among the most transcendent voices of contemporary violin."

More information available at musicfestvancouver.ca.

Concert news

- **The Kings of Leon** concert here has been pushed back two weeks due to lead singer Caleb Followill's "vocal issues and exhaustion." Of course, we all know that's not really why the entire U.S. tour has been cancelled. As brother and bandmate Jared wrote on Twitter: "I know you guys aren't stupid. I can't lie. There are problems in our band bigger than not drinking enough Gatorade." Take note, publicists. Previously purchased tickets will be honoured on the new date: Sept. 28.
- **Jay-Z** and **Kanye West** are coming to Rogers Arena, Dec. 18. Tickets on sale Monday, via livenation.com

News in brief

Oprah Winfrey, James Earl Jones and makeup artist Dick Smith have been picked to receive honourary Oscars. The Academy of Motion Picture Arts and Sciences says the three will be honoured with Oscar statuettes at the Governors Awards in November.
THE ASSOCIATED PRESS

Plenty of Gemini noms to go around

The Toronto-set cop series Flashpoint and Jason Priestley's edgy dark comedy Call Me Fitz lead the nominees for Canada's top television awards.

CTV's cross-border hit Flashpoint is in line for 17 Gemini trophies, including an acting award for star Enrico Colantoni.

HBO Canada's Call Me Fitz nabbed 16 nods, including an acting nomination for former Beverly Hills 90210 star Priestley.

The Academy of Canadian Cinema & Television announced the contenders yesterday morning, when it also showered some big-budget miniseries with multiple nominations.

History Television's The Kennedys and The Movie Network and Movie Central's Pillars of the Earth each scored 10 nods.

HANDOUT

▶ Flashpoint's Enrico Colantoni is nominated for a Gemini award.

Meanwhile, Bravo's papal drama The Borgias nabbed eight.

MuchMusic's long-running teen soap Degrassi earned several nominations for a much-lauded season that drew Emmy attention and a Peabody Award earlier this year.

Three of its nominations are for a groundbreaking episode centred on a teen who was born female but lives life as a male.

Other multiple nominees include TMN/Movie Central's Living in Your Car with 10 nods, CBC's 18 To Life with seven, CBC's Being Erica with six, CBC's The Tudors with six and History Television's Ice Pilots with five.

Flashpoint is up for best dramatic series against Bravo's The Borgias, Showcase's Endgame, TMN's Skins and CBC's The Tudors.

Fitz faces off for best comedy against CBC's 22 Minutes, TMN's Good Dog, CBC's Halifax Comedy Fest 2010, TMN's Living In Your Car and CBC's Rick Mercer Report.
THE CANADIAN PRESS

Awards time

- The Gemini Awards will take place over three nights in Toronto beginning with non-televised industry bases on Aug. 30 and Aug. 31.
- They culminate with a televised gala Sept. 7, to be broadcast on CBC-TV.

Gay and lesbian group supports diversity efforts at ABC Family. Scan code for more.

Actor perfects the art of aping

Andy Serkis is performance-capture technology's king **New film marks uncharted territory for art**

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METRO WORLD NEWS IN LOS ANGELES

If any actor is an expert at performance-capture technology, it's Andy Serkis. Despite popping up as himself plenty of times on screen,

Serkis is best known for inhabiting Gollum in Lord of the Rings and as the big ape himself in King Kong, both for Peter Jackson.

He suits up again for Rupert Wyatt's Rise of the Planet of the Apes as Caesar, a chimp that starts a revolution.

But as much as he's made a name for himself through performance capture, Serkis doesn't think you should notice. "People aren't so much wanting to celebrate the technology anymore. Really, that's passe. It's something that we need to get over, really," he says.

Maybe Serkis is so over it because he's had more to do with the technology than most actors.

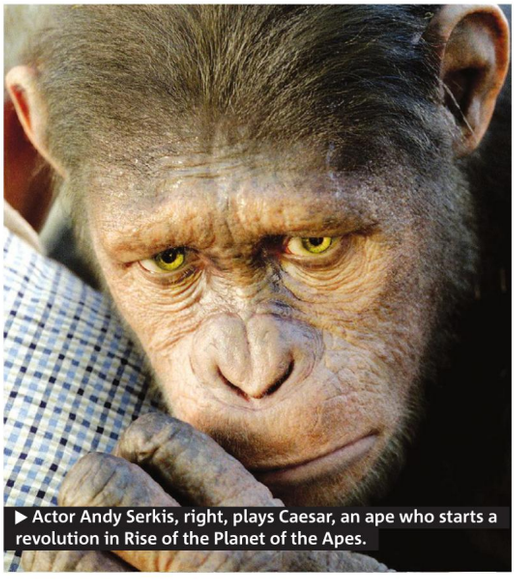
"On Lord of the Rings, my performance was shot on 35mm with all the other actors, then I had to go and reshoot in the performance-capture volume. There were not many cameras and the markers didn't quite work and the real-time kept breaking down, so it was very, very early days," he says

For his latest bit of monkeying around, Serkis donned a motion-capture suit and head-mounted camera rig, interacting onset with co-stars James Franco and Freida Pinto.

"On Rise of the Planet of the Apes, it's the first time that performance capture has existed on live-action sets," he says. "We didn't have to go back and repeat anything. We were in real locations with physical sets that were shot on film."

▶ Andy Serkis

DAN STEINBERG/THE ASSOCIATED PRESS



▶ Actor Andy Serkis, right, plays Caesar, an ape who starts a revolution in Rise of the Planet of the Apes.

HANDOUT

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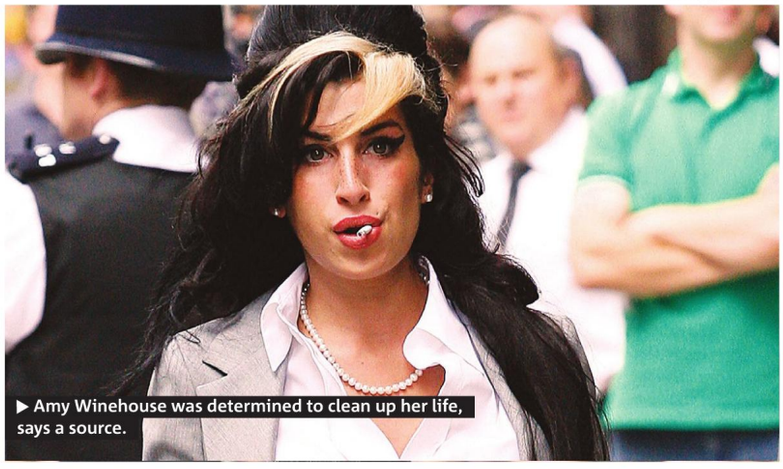
Winehouse had big plans for the future, says source

Troubled singer wanted to marry, have children with boyfriend

ALL PHOTOS GETTY IMAGES


▶ Amy Winehouse was determined to clean up her life, says a source.

Amy Winehouse had lots of plans for the future when her life came to an end last month.

Aside from her plans to adopt a young girl from St. Lucia, the tragic singer was reportedly planning to marry boyfriend Reg Traviss, according to the Sun.

"Amy was adamant about sorting herself out. Reg's proposal made her even more determined. She didn't want to carry on the way she was," a source says.

"She wanted nothing more than to be his wife and to start a family with him.

"She wanted to get rid of her demons so badly."

Winehouse, who had struggled with drug and alcohol abuse, was found dead in her Camden, London home on July 23.

An autopsy could not establish the cause of death.

Winehouse was 27 at the time of her death. METRO

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Janet engaged

▶ Janet Jackson

Janet Jackson is reportedly engaged to Qatari businessman and billionaire Wissam Al Mana — and has been for almost a year, according to Hollyscoop.

Sources say the secret proposal happened last year, but Jackson was in the middle of a tour and wasn't ready to go public with it yet.

"Janet's telling friends that an official engagement will come by summer's end, and that she and Wissam will marry in late 2011," says a source close to the singer.. METRO

Fawcett's son arrested for heroin possession

Redmond O'Neal, son of Ryan O'Neal and Farrah Fawcett, is in hot water again, having been arrested for heroin possession in Santa Monica, according to Radar Online.

Police sources say they witnessed O'Neal engaged in an argument at a store.

After the argument, he got into his car and ran a red light.

Police then pulled him over and searched his car, where they found the narcotics.

He was held without bail.

O'Neal has a history of drug-related charges. METRO

Glee star dishes on looks

▶ Lea Michele

Glee star Lea Michele is the first to admit she doesn't have the most conventional Hollywood look.

"I'm 5-foot-3. I don't look like a lot of other people, you know what I mean?," the 25-year-old actress tells Harper's Bazaar.

"How many managers told me, 'Get a nose job. You're not pretty enough'?" she says. METRO

Lautner buys new ride

Talk about an impulse purchase.

Twilight star Taylor Lautner was reportedly walking by a Mercedes Benz dealership in L.A. with his parents recently when he spotted a silver 2012 SLS AMG sports coupe — and simply had to have it, according to TMZ.

The 19-year-old actor dropped more than $200,000 on the car and drove it off the lot the same day. METRO

Celebrity Tweets

@lindsaylohan

"Omg, I'm so embarrassed, paparazzi just blinded me with flashes again, as I was walking into dinner. They pushed me and I tripped :("

@mrskutcher

Pain can be a gift just not yet revealed. It all depends on how you choose to react to it. Remember it is happening for you, not to you!

@DonaldGlover

"My twitter muscle has atrophied."

@SethMacFarlane

All the autotune in the world still doesn't sound as cool as talking into a desk fan.

It's summer outside, but it's fall in the mall

How to sport a style that reflects the very best of both seasons
Lightweight layers are key

Officially, summer has weeks left on the calendar, but retailers have begun the transition from lightweight and lighthearted vacation clothes to the more dressed-up, sophisticated styles that come with fall fashion.

The tricky part, they say, is that while it's good to infuse the excitement of a new season into stores, shoppers can be so enthusiastic about their new purchases they want to be able to wear them right away. That can be a problem when traditional fall looks — think sweaters, long trousers and outerwear — might not be suited to the dog days of August.

JC PENNEY

The solution? Lightweight layers in a deeper, more autumnal colour palette.

"The consumer in general is forward looking but wants instant gratification," says Barclay Resler, vice-president and head of visual management for Esprit.

You can do that with a pretty chiffon blouse, he suggests, or a short-sleeve knit dress, maybe with some buckle detail at the waist.

KOHL'S

Lisa Axelson, head designer of Ann Taylor, has already worn her sleeveless trench — with a silk blouse and cropped black pants — but it'll go with flannel trousers and long gloves later. It is "the perfect wear-now-and-layer-later piece," she says.

ANN TAYLOR

Fabric choices are very important, says Banana Republic creative director Simon Kneen, a fan of tropical-weight wool. "It's designed for tropics. It's airy, and the weave is more open, but it will look refined. It has a hand touch that drier and cooler, but you can have it in a dress, trouser, skirt, jacket — and those are the foundations of your fall closet."

THE CHILDREN'S PLACE

Lightweight chambray denim serves the same purpose for more casual pieces.

Navy is a favourite transitional colour for Resler because it plays crisp and clean against white pants, but more luxurious with high-waisted trousers in grey, camel or brown. A ruffled, navy-and-white dot blouse in stores now has it all, he says, a cheerful vibe to finish out the summer, but ladylike enough to carry through the year.

KOHL'S

Warm shades of orange, amber and green are trends at Kohl's for fall, but they're not dark colours, either, so they fit into a variety of weather landscapes, says David Hacker, vice-president of trend and colour.

Kneen says Banana Republic — and he imagines other retailers, too — has learned to work in the mindset of many mini-fashion seasons filled with versatile pieces instead of sweeping in with major changes twice a year.

"The consumer in general is forward looking but wants instant gratification."
BARCLAY RESLER
VICE-PRESIDENT OF ESPRIT

As a children's retailer, The Children's Place switched to its back-to-school merchandise in the middle of July to capitalize on the shopping-spree days before kids go back to class.

JC PENNEY

However, says Michael Giannelli, senior vice-president of design, all he needs to do is walk outside to be reminded that "fall is really a summer delivery."

THE ASSOCIATED PRESS

Gimme, gimme Moore

Style-savvy actress is the new face of Anne Taylor

As a young teenager, before the fame, kids, paparazzi and front-row seats at fashion shows, Demi Moore regularly passed an Ann Taylor store at a local mall, taking note of the clothes.

In the years since, she's been a red-carpet rebel, jeans-wearing mom, bikini globe trotter and Versace model. Now her style evolution has come full circle, and Moore is the star of the Ann Taylor fall ad campaign.

She is the latest Hollywood connection for a company that previously tapped Katie Holmes and Naomi Watts to court its shoppers.

"I feel like I've known Ann Taylor since I was a kid. I've watched the clothes move into support for the working woman," said Moore, 48, during a break at a recent photo shoot in L.A. "It used to be a lot of suiting. I've seen as we've changed, that they've changed, reflecting on how we live as modern women, which is wearing things that take us from day to night, from workout to work to weekend."

ANN TAYLOR/AP PHOTO

▶ Demi Moore in Ann Taylor's fall ad campaign.

THE ASSOCIATED PRESS

3 life

Becks and H&M team up

David Beckham is getting a new set of teammates through a long-term partnership with H&M. The Swedish chain says the long-term alliance will allow the British athlete to produce and exclusively sell his bodywear line in some 1,800 stores and in about 40 countries worldwide. New products will be introduced seasonally, with the initial line slated to launch Feb. 2, 2012 before Valentine's Day. Fashion is all in the family for the soccer hero. The L.A. Galaxy star's wife, former Spice Girl Victoria Beckham, heads up her own line of dresses, denim, eyewear and accessories.

THE CANADIAN PRESS

Grace Coddington's story from the front row of fashion will be told in a memoir

Cook up a new kitchen

- Not just for dining and entertaining, this room is the heart of any home
- Short on cash? Concentrate on improvements that are visual and easily changed

DESIGN CENTRE

KARL LOHNES
LIFE@METRONEWS.CA

Q: I have just moved into a condo that is 12 years old. I'd like to update the kitchen and am on a tight budget.
- Samantha, Halifax

Updating a tired kitchen is not only a great way to modernize your home (especially in an open-concept space) but to add re-sale value to your investment.

I usually recommend a full re-do about every 10 to15 years for a kitchen.

Once one thing starts to break down or look outdated usually everything else follows within a few years.

These ideas should allow your kitchen to feel modernized for another five years or so.

Countertops: Replacing the countertops will help update the old kitchen cupboards and change the overall feel of the kitchen.

Look for a trend-setting counter to add a modern look to the room.

Consider non-shiny matte finishes and oiled soapstone for a dramatic look (blends nicely with appliances) or carrara marble for a lighter look — the carrara is great if your kitchen has white appliances.

Check wilsonart.com for fashionable laminate countertop options.

HANDOUT

▶ ATTEST knobs from Ikea

HANDOUT

▶ ENA 9 One Touch

Hardware: Old colonial-styled brass hardware will instantly outdate your kitchen cupboards.

I suggest replacing them with knobs or pulls with a sleek design in a sliver metal finish to update the kitchen.

My favourite are the ATTEST Knob from Ikea, which are excellent value at $7.99 for a two-pack!

A few stainless countertop appliances: If major stainless steel appliances are not in your budget, invest in a few useful countertop appliances to help offer an updated look to the kitchen.

Depending on the size of your kitchen, a new coffee machine, blender and toaster will add sparkle and modernization.

My dream machine these days is the high-end ENA 9 espresso maker by Jura. It will definitely give a luxurious look to any kitchen.

I STOCK

▶ Keep in mind that most condo buildings have strict renovation rules even for cosmetic changes like tiles, flooring and countertops.

Focal wall and backsplash: Consider applying peel-and-stick vinyl tiles onto the walls rather than floors.

They are waterproof and extremely durable and inexpensive way to add pizzazz to boring walls or backsplash.

Vinyl tiles usually come in 12-by-12 inches and are easily cut and applied. At $1 to $4 per square foot, they are a great way to change an outdated backsplash.

Shine a little light

Under cabinet lighting will instantly give your updated kitchen a designer look.

- **Easy, plug-in lighting kits** are available at most home improvement retailers.
- **Screw a string of lights** under the upper cabinet and plug it in — your counters will glow with style.

Choose a colour/style of tile that blends well with the cupboards.

Classic travertine or sandstone looks will keep guests assuming that you have the real thing on the walls.

This idea equally looks great on a blank galley wall in a kitchen or bathroom.

Home Depot's assorted Tarkett vinyl tiles offer textured vinyl tiles that look just like real stone.

GOT A DECOR QUESTION FOR KARL? SEND YOUR QUESTION TO: LIFE@METRONEWS.CA. DON'T FORGET TO INCLUDE YOUR NAME AND TOWN/CITY, AND ANY PHOTOGRAPHS. WE REGRET THAT KARL CANNOT ANSWER ALL QUESTIONS SUBMITTED.

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DIY IDEAS

They say "mothers know best" but this goes beyond just maternal wisdom and into the basics of how to manage a home.

When preparing for a visit, put down the duster and add these items to impress the one person with often the most discerning eye.

Crystal candleholders
Just like a valuable diamond bracelet that makes a whole outfit pop, so too does a treasured home accessory.

Whether crystal candleholders or antique table lamps, a mother always picks up on the embellishments that show good taste. Scatter such items around the space for a sophisticated look.

Framed family photos
Whether preparing for guests or decorating a home, it's important to remember that a home is not a hotel — it needs to be personal.

When entertaining, serving you-know-who's favourite dish or having a photo of her placed prominently in a room can often do more than any other preparation, warming up a room and… a mother-in-law's heart.

The well-dressed window
When designing a home, both interior designers and seasoned homeowners know, the well-dressed window goes a long way towards making a room look truly finished.

To get the mother-in-law to say "wow," try Hunter Douglas Pirouette window shadings for a beautiful new option in light control. This window treatment features soft horizontal fabric vanes attached to a single sheer backing.

The vanes can slide into a flattened position for superior light blockage and a smooth look, be partially opened for a contoured look with privacy or fully opened for a soft-focus view and gently filtered light with UV protection.

Forget about flat screens, update kitchen appliances
While many men can determine the size of a flat screen by a quick glance, when it comes to most women, they will often eye the brand of an oven before determining if a TV is HD.

If you can make more major updates, try an item that is sure to be noticed such as a Sub-Zero refrigerator or a new Viking, Wolf or gourmet La Cornue range.

NEWS CANADA

ISTOCK

▶ Small homey touches make your home feel personal.

CHARLES THE BUTLER

ASKCHARLESTHEBUTLER@METRONEWS.CA

FOR MORE, VISIT CHARLESMACPHERSON.COM

Question:
Hi Charles!
I read your advice where you suggested cleaning with a solution of 50/50 water to white vinegar. Is this correct? That seems to be a lot of vinegar.
Edda Loomes

Answer:
Dear Ms. Loomes,

The solution of 50/50 for water to white vinegar is a very good Multi-purpose cleaner.

It may sound like a lot of vinegar, but this is in fact the correct formula.

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Weekly Cookbook

Especially during the summer, you want to enjoy life's sweeter side without tipping the scales. That's where Sweet & Skinny by Marisa Churchill (Clarkson Potter, 2011) comes in.

In her debut book, Churchill, a pastry chef, presents 100 low-fat recipes (including 25 sugar-free variations).

Among the recipes are: Red Velvet Cupcakes, Boston Cream Pie, Coconut Cake, Chocolate Peanut Butter Cups, Pecan Sticky-Bun Coffee Cake and many others.

Bring on the healthy fat

Salmon's unsaturated fats are key to its moist texture **Team it with a mushroom hash**

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ The earthy flavour of the shiitake mushrooms with shredded potato complements the fish.

Though relatively high in fat, salmon is a great choice for a healthy diet.

That's because salmon's fats fall mostly in the good-for-your-heart unsaturated category. Which is a happy coincidence, because that fat happens to be key to salmon's moist texture and rich, indulgent flavour. The oils also make it hard to overcook.

So for a simple and healthy summer dinner, we've paired salmon with a mushroom hash. The earthy flavour of shiitake mushrooms mixed with shredded potatoes complements the rich fish. And a touch of soy sauce lends a pleasantly salty touch to cut through the oil.

Salmon with Shittake Mushrooms

Ingredients:

- 30 ml (2 tbsp) olive oil, divided
- 175 grams (6 oz) shiitake mushrooms, stemmed and sliced
- 2 shallots, chopped
- 1 small red onion, chopped
- 2 small red potatoes, grated
- 30 ml (2 tbsp) low-sodium soy sauce
- Ground black pepper, to taste
- Four 125-gram (4-oz) salmon fillets
- 1 scallion, thinly sliced

Preparation:

1. In large sauté pan over high, heat 15 ml (1 tbsp) of the olive oil. Add mushrooms and sauté until well-browned, about 10 minutes. Lower heat to medium-high, then add the shallots and onion. Sauté for 6 to 8 minutes, or until the onion becomes soft. Add the potatoes and continue to cook until the potatoes are tender and beginning to brown. Season with the soy sauce and black pepper.

2. In another large sauté pan over medium-high, heat the remaining tablespoon of olive oil. Cook salmon fillets for 5 minutes per side, or to desired doneness. Serve each piece of salmon with the shiitake hash. Top everything with a sprinkling of scallions.

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Watkins aids NFL teammate who suffers seizure

Canadian rookie lineman Danny Watkins put his first-aid skills to good use yesterday when a Philadelphia Eagles teammate suffered a seizure at training camp.

Watkins, a trained firefighter from Kelowna, provided assistance when defensive tackle Mike Patterson dropped to the ground at morning practice and started violently shaking. Patterson was also tended to by team trainer Rick Burkholder and his staff before being transported to Lehigh Valley Hospital.

The six-foot-one, 300-pound player is stable and was scheduled to undergo further tests, Burkholder said.

Patterson, 28, was the Eagles' first-round pick out of USC in 2005. He's started 84 games and played in 95, the most of anybody on the current roster.

Watkins, 26, has played just four years of competitive football.

He took up the sport while studying firefighting science at Butte Community College in Northern California in 2007.

"You never want to see a player go down like that," Watkins said.

"The staff said he's going to be fine. Hopes and prayers are going to be with him tonight."

Patterson's agent JR Ricket said in a statement that the player is "in no pain and doing well."

THE ASSOCIATED PRESS

ALEX BRANDON/THE ASSOCIATED PRESS

▶ Danny Watkins looks on as Eagles staff attend to Mike Patterson.

NATHAN DENETTE/THE CANADIAN PRESS

▶Arland Bruce III, left, reaches for the ball during a game last week.

Can Bruce help Lions get first W?

B.C. hopes getting receiver in trade from Hamilton will spur turnaround

The B.C. Lions are gambling veteran receiver Arland Bruce will give them a spark to help the struggling team turn its season around.

B.C. obtained Bruce from the Hamilton Tiger-Cats yesterday in a trade for a third-round draft pick in 2012 and an additional conditional selection.

The Lions, the CFL's only winless team at 0-5, are hoping Bruce brings some veteran experience to a young receiving corps that has dropped passes at critical times.

Bruce is expected to play slotback along with Geroy Simon, giving the Lions a two-pronged attack.

"A guy like Arland Bruce, I think for us gives us a very dependable, big-time receiver that is really going to help balance the field," Wally Buono, B.C.'s coach and general manager, said after his team practised.

"It's going to take a lot of pressure off Geroy. Defensively (teams) are going to have to be a little more balanced. Hopefully it gives the quarterback a guy everyone can count on."

The deal came as a bit of surprise, even for Bruce.

"I was a little puzzled," he said in a telephone conference call. "It's the nature of the business.

"I accept the good and the bad. I think it's an opportunity for myself to really refresh and get my mind back bright and clear and have an opportunity to play with another quarterback and see what happens."

Bruce won't be in the lineup when the Lions host the Saskatchewan Roughriders (1-4) Friday night at Empire Field. He won't practise with the team until next week.

Buono may be rolling the dice on how much of an impact Bruce might have. The 33-year-old from Olathe, Kan., has just nine catches for 104 yards this year with Hamilton (3-2).

He missed one game with a knee injury and wasn't scheduled to play this week due to a bruised hamstring.

Bruce calls the injuries "a distraction."

"It's nothing to be concerned about," he said.

THE CANADIAN PRESS

Illegal poker probe for A-Rod

Major League Baseball plans to interview Alex Rodriguez as it investigates allegations the New York Yankees star took part in illegal celebrity poker games.

MLB said in a statement yesterday: "We take this very seriously and have been investigating this matter since the initial allegation. As part of the investigation, the commissioner's office will interview Mr. Rodriguez."

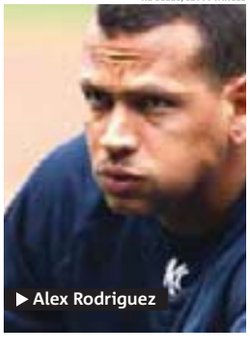
Star Magazine reported last month that several people saw A-Rod playing at one of the games hosted at Hollywood hotels and private residences; his spokesman denied then that he participated.

MLB said then that the report was the first the commissioner's office had heard about the accusation and baseball officials would look into the matter.

A spokesman for the Yankees declined comment when asked about Rodriguez.

THE ASSOCIATED PRESS

AL BELLO/GETTY IMAGES



▶ Alex Rodriguez

4 sports

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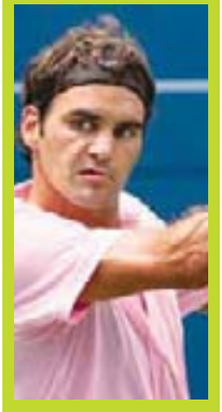

"Clearly I think it's a bit unfortunate for Canada to have two big events like this at the very same time. But I guess it's sometimes what it is."

ROGER FEDERER, WHO IS NOT A FAN OF THE ROGERS CUP'S NEW FORMAT THAT WILL SEE TORONTO AND MONTREAL EACH HOSTING TOURNAMENTS AT THE SAME TIME INSTEAD OF OVER BACK-TO-BACK WEEKS. IT'S PART OF A WTA TOUR AND ATP TOUR INITIATIVE FOR A HANDFUL OF TOURNAMENTS THIS SEASON, WHERE MEN'S AND WOMEN'S DRAWS WILL BE COMBINED INTO ONE EVENT.

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AMERICAN LEAGUE

EAST DIVISION

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New York	67	42	.615	1
Tampa Bay	57	52	.523	11
Toronto	56	54	.509	12½
Baltimore	43	64	.402	24

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	59	51	.536	—
Cleveland	54	54	.500	4
Chicago	52	57	.477	6½
Minnesota	51	59	.464	8
Kansas City	47	63	.427	12

WEST DIVISION

	W	L	Pct	GB
Texas	61	50	.550	—
Los Angeles	60	51	.541	1
Oakland	49	62	.441	12
Seattle	48	62	.436	12½

Yesterday's results
Seattle 7, Oakland 4
Detroit 5, Texas 4
Boston 4, Cleveland 3
Tampa Bay 9, Toronto 1
Kansas City 6 Baltimore 2
N.Y. Yankees 18 Chicago White Sox 7
Minnesota 11, L.A. Angels 4
Tuesday's results
Detroit 6 Texas 5
Boston 3 Cleveland 2
Toronto 3 Tampa Bay 1
Baltimore 8 Kansas City 2
N.Y. Yankees 6 Chicago White Sox 0, 7 innings
L.A. Angels 5 Minnesota 1
Seattle 4 Oakland 2
Today's games
Toronto (Cecil 4-4) at Tampa Bay (W.Davis 8-7), 12:10 p.m.
Texas (Ogando 10-5) at Detroit (Penny 7-8), 1:05 p.m.
Cleveland (Masterson 8-7) at Boston (Bedard 4-7), 7:10 p.m.
Baltimore (Britton 6-8) at Kansas City (Francis 4-11), 8:10 p.m.
N.Y. Yankees (Nova 9-4) at Chicago White Sox (Humber 8-7), 8:10 p.m.
Minnesota (Liriano 7-8) at L.A. Angels (Chatwood 6-7), 10:05 p.m.
Tomorrow's games
Toronto at Baltimore, 7:05 p.m.
N.Y. Yankees at Boston, 7:10 p.m.
Oakland at Tampa Bay, 7:10 p.m.
Cleveland at Texas, 8:05 p.m.
Chicago White Sox at Minnesota, 8:10 p.m.
Detroit at Kansas City, 8:10 p.m.
Seattle at L.A. Angels, 10:05 p.m.

AL LEADERS

	G	AB	R	H	Avg.
AdGonzalez Bos	106	436	76	155	.356
MiYoung Tex	108	430	54	144	.335
Kotchman TB	93	316	28	103	.326
Bautista Tor	98	343	79	111	.324
VMartinez Det	94	347	49	111	.320
Ellsbury Bos	107	443	81	141	.318
JhPeralta Det	98	353	47	112	.317
MiCabrera Det	109	381	73	119	.312
Pedroia Bos	105	423	73	132	.312
MeCabrera KC	105	455	69	139	.305

HOME RUNS — Bautista, Toronto, 32; Teixeira, New York, 31; Granderson, New York, 28; Konerko, Chicago, 25; NCruz, Texas, 24; MarReynolds, Baltimore, 24; MiCabrera, Detroit, 22.
Not including yesterday's results

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	71	39	.645	—
Atlanta	64	48	.571	8
Florida	55	55	.500	16
New York	55	55	.500	16
Washington	53	57	.482	18

CENTRAL DIVISION

	W	L	Pct	GB
Milwaukee	62	50	.554	—
St. Louis	58	53	.523	3½
Pittsburgh	54	55	.495	6½
Cincinnati	54	57	.486	7½
Chicago	46	65	.414	15½
Houston	37	74	.333	24½

WEST DIVISION

	W	L	Pct	GB
San Francisco	62	49	.559	—
Arizona	61	50	.550	1
Colorado	51	60	.459	11
Los Angeles	50	60	.455	11½
San Diego	48	64	.429	14½

Yesterday's results
Atlanta 6 Washington 4
Milwaukee 10 St. Louis 5
Philadelphia 8 Colorado 6
San Francisco 8 Arizona 1
Chicago Cubs 1, Pittsburgh 0
Florida at New York, ppd., rain
Houston 5, Cincinnati 4
San Diego 3, L.A. Dodgers 0
Tuesday's results
Washington 9, Atlanta 3
Chicago Cubs 11, Pittsburgh 6
Florida 4, N.Y. Mets 3
Cincinnati 5, Houston 1
St. Louis 8, Milwaukee 7, 11 innings
Philadelphia 5, Colorado 0
L.A. Dodgers 1, San Diego 0
Arizona 6, San Francisco 1
Tonight's games
Chicago Cubs (R.Lopez 2-3) at Pittsburgh (Ja.McDonald 7-5), 7:05 p.m.
St. Louis (Lohse 9-7) at Florida (Ani.Sanchez 6-4), 7:10 p.m.
Washington (Detwiler 1-0) at Colorado (Rogers 4-1), 8:40 p.m.
Philadelphia (Cl.Lee 10-7) at San Francisco (Bumgarner 6-10), 10:15 p.m.
Tomorrow's games
Cincinnati at Chicago Cubs, 2:20 p.m.
San Diego at Pittsburgh, 7:05 p.m.
Atlanta at N.Y. Mets, 7:10 p.m.
St. Louis at Florida, 7:10 p.m.
Milwaukee at Houston, 8:05 p.m.
Washington at Colorado, 8:40 p.m.
L.A. Dodgers at Arizona, 9:40 p.m.
Philadelphia at San Francisco, 10:15 p.m.

NL LEADERS

	G	AB	R	H	Avg.
JosReyes NYM	95	419	79	142	.339
Braun Mil	100	369	69	119	.322
Votto Cin	109	406	69	130	.320
DanMurphy NYM	106	382	47	122	.319
Kemp LAD	108	392	66	125	.319
Morse Wash	98	339	48	107	.316
Holliday StL	84	298	59	94	.315
Pence Pha	104	416	52	128	.308
Helton Col	97	326	45	100	.307
McCann Atl	91	333	43	102	.306

HOME RUNS — Berkman, St. Louis, 28; Kemp, Los Angeles, 26; Stanton, Florida, 25; Fielder, Milwaukee, 24; Pujols, St. Louis, 24; Howard, Philadelphia, 23; Uggla, Atlanta, 22; JUpton, Arizona, 22.
Not including yesterday's results

RAYS 9, BLUE JAYS 1

Toronto	ab	r	h	bi	Tampa Bay	ab	r	h	bi
YEscor ss	4	0	1	0	Jnngs lf-cf	5	0	2	0
Rasms cf	4	0	1	0	Damon dh	3	0	0	1
Bautist 3b	2	0	0	0	Ruggin ph-lf	1	0	0	0
JMcDnl 3b	1	0	0	0	Longori 3b	4	0	0	0
Lind 1b	3	0	0	0	Zobrist 2b	5	2	2	1
Teahen 1b	1	0	0	0	Ktchm 1b	4	1	2	1
Encrnc dh	4	0	1	0	BUpton cf	4	1	1	0
EThms rf	3	0	0	0	McGee p	0	0	0	0
A.Hill 2b	3	0	1	0	BGoms p	0	0	0	0
Snider lf	4	0	0	0	Joyce rf	4	2	3	1
Arencii c	3	1	1	1	SRdrgz ss	1	2	0	1
EJhnsn ph-ss	1	0	0	0					
Chirins c	2	1	2	4					
Totals	**32**	**1**	**5**	**1**	**Totals**		**34**	**9**	**12**	**9**
Toronto					001 000 000				1	
Tampa Bay					044 000 10x				9	

E—C.Villanueva (1). DP—Toronto 1. LOB—Toronto 7, Tampa Bay 7. 2B—Encarnacion (27), Joyce (23). 3B—Jennings (2). HR—Arencibia (18), Zobrist (15), Kotchman (5), Chirinos (1). S—S.Rodriguez. SF—Damon.

Toronto	IP	H	R	ER	BB	SO
C.Villanueva L,6-3	2 2-3	9	8	8	0	1
Litsch	3 1-3	0	0	0	2	5
Ledezma	1	3	1	1	1	3
Camp	1	0	0	0	0	0
Tampa Bay						
Shields W,10-9	7 1-3	3	1	1	3	6
McGee	1	2	0	0	0	2
B.Gomes	2-3	0	0	0	0	0

T—2:39. A—11,803 (34,078).

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Winnipeg	5	4	1	0	124	94	8
Montreal	5	3	2	0	159	129	6
Hamilton	5	3	2	0	132	112	6
Toronto	5	1	4	0	105	142	2

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Edmonton	5	5	0	0	153	99	10
Calgary	5	3	2	0	117	117	6
Saskatchewan	5	1	4	0	101	160	2
B.C.	5	0	5	0	126	161	0

WEEK SIX
Tonight's game
All times Eastern
Montreal at **Toronto,** 7:30 p.m.
Tomorrow's games
Edmonton at Winnipeg, 7:30 p.m.
Saskatchewan at B.C., 10:30 p.m.
Saturday's game
Hamilton at Calgary, 9:30 p.m.

SCORING LEADERS

	TD	C	FG	S	Pts
Whyte, Mtl	0	17	13	1	57
Duval, Edm	0	16	11	8	57
Palardy, Wpg	0	9	15	2	56
Medlock, Ham	0	13	12	3	51
McCallum, BC	0	11	12	1	48
E.Johnson, Sask	0	10	9	4	41
Paredes, Cal	0	8	9	3	38
Prefontaine, Tor	0	8	8	0	32
Kackert, Tor	5	0	0	0	30
Stala, Ham	5	0	0	0	30
Stamps, Edm	5	0	0	0	30
Bratton, Mtl	4	0	0	0	24
Edwards, Wpg	4	0	0	0	24
Cates, Sask	3	0	0	0	18
Cornish, Cal	3	0	0	0	18
Foster, BC	3	0	0	0	18
Porter, Edm	3	0	0	0	18
Richardson, Mtl	3	0	0	0	18
Robertson, BC	3	0	0	0	18
C.Williams, Ham	3	0	0	0	18
Barnes, Edm	2	0	0	0	12
Brown, BC	2	0	0	0	12
Cobourne, Ham	2	0	0	0	12
Dressler, Sask	2	0	0	0	12

TENNIS

ATP LEGG MASON CLASSIC

At Washington
Singles — Second Round
Nikolay Davydenko (9), Russia, def. Matthew Ebden, Australia, 6-3, 7-5.
Michael Russell, U.S., def. Xavier Malisse (14), Belgium, 7-6 (4), 2-3 retired.
Radek Stepanek, Czech Republic, def. Wayne Odesnik, U.S., 6-1, 6-1.

ODLUM BROWN VANOPEN

At WEST VANCOUVER, B.C.
MEN
Singles
Second Round
Bobby Reynolds (2), U.S., def. Luca Gregorc, Slovenia, 6-4, 2-6, 6-4.
Clement Reix, France, def. Fritz Wolmarans (7), South Africa, 4-6, 6-3, 7-6(9).
James Ward (5), Britain, def. **Erik Chvojka, Montreal,** 4-6, 6-3, 6-4.
Alex Bogdanovic, Britain, def. Yen-Hsun Lu (1), Taiwan, 4-6, 6-3, 6-3.
Doubles
First Round
Yuichi Sugita, Japan, and Grega Zemlja, Slovenia, def. Clement Reix, France, and Dusan Vemic, Serbia, 6-3, 6-4.
Eric Chvojka, Montreal, and Greg Ouellette, U.S., def. Roman Borvanov, Moldava, and Michael Venus, U.S., retired.
Treat Conrad Huey, Philippines, and Travis Parrott (2), U.S., def. **Pierre-Ludovic Duclos, Sainte-Foy, Que.,** and Greg Jones, Australia, 6-2, 6-4.
Jordan Kerr, Australia, and David Martin (3), U.S., def. George Bastl, Switzerland, and **Daniel Chu, Vancouver,** 7-5, 6-4.
Vasek Pospisil, Vernon, B.C., and Bobby Reynolds (4), U.S., def. Peter Aarts, U.S., and **Kamil Pajkowski, Burnaby, B.C.,** 6-3, 4-6, 10-4.
WOMEN
Singles
First Round
Casey Dellacqua, Australia, def. **Heidi El Tabakh, Toronto,** 7-5, 6-2.
Anne Keothavong (2), Britain, def. Ling Zhang, Hong Kong, 6-4, 6-1.
Irina Falconi (3), U.S., def. Kathrin Woerle, Germany, 6-1, 5-7, 6-1.
Arina Rodionova, Russia, def. Gail Brodsky, U.S., 3-6, 6-4, 7-5.
Julia Cohen, U.S., def. **Eugenie Bouchard, Westmount, Que.,** 7-5, 6-4.
Olivia Rogowska, Australia, def. Misaki Doi (5), Japan, 3-6, 6-4, 6-1.
Julia Glushko, Israel, def. Sharon Fichman, Toronto, 6-3, 6-4.
Stephanie Dubois, Laval, Que., def. Yaraslava Shvedova, Kazakhstan, 6-4, 6-0.
Urszula Radwanska (8), Poland, def. Madison Brengle, U.S., 6-3, 6-3.
Aleksandra Wozniak, Blainville, Que., def. Laura Robson, Britain, 6-4, 4-6, 6-1.
Doubles
First Round
Anne Kremer, Luxembourg, and Sally Peers, Australia, def. Maria Kondratieva, Russia, and Sophie Lefevre (2), France, 6-3, 6-2.
Jamie Hampton, U.S., and Noppawan Lertcheewakarn, Thailand, def. Monique Adamczak, Australia, and Kumiko Iijima, Japan, 7-6(3), 6-3.
Asia Muhammed and Maria Sanchez, U.S., def. Amanda Fink and Chichi Scholl, U.S., 6-1, 6-1.
Arina Rodionova, Russia, and Yaroslava Shvedova (1), Kazakhstan, def. Lindsay Lee-Waters and Megan Moulton-Levy, U.S., 7-6(9), 2-6, 10-8.
Casey Dellacqua and Olivia Rogowska, Australia, def. Madison Brengle and Julia Cohen, U.S., 6-4, 6-0.
Karolina Pliskova and Kristyna Pliskova, Czech Republic, def. Gabriela Dabrowski, Ottawa, and Lena Litvak, U.S., 2-6, 6-1, 10-7.

ACTIVITY

BASEBALL

AMERICAN LEAGUE

CLEVELAND INDIANS — Activated RHP Ubaldo Jimenez. Optioned RHP David Huff to Columbus (IL). Assigned OF Travis Buck outright to Columbus.
DETROIT TIGERS — Activated RHP David Pauley. Designated LHP David Purcey for assignment.
OAKLAND ATHLETICS — Assigned LHP Jerry Blevins outright to Sacramento (PCL). Recalled 2B Adam Rosales from Sacramento. Agreed to terms with RHP Drew Gagnier and assigned him to the Arizona League Athletics.
SEATTLE MARINERS — Placed 3B Chone Figgins on the 15-day DL. Recalled 3B Kyle Seager from Tacome (PCL) and RHP Tom Wilhelmsen from Jackson (SL).
TEXAS RANGERS — Activated RHP Mike Adams.

NATIONAL LEAGUE

ATLANTA BRAVES — Assigned INF Diory Hernandez outright to Gwinnett (IL).
FLORIDA MARLINS — Assigned LHP James Leverton and RHP Alex Caldera to Greensboro (SAL).
PITTSBURGH PIRATES — Activated C Ryan Doumit from the 60-day DL. Optioned C Eric Fryer to Indianapolis (IL). Agreed to terms with RHP Jake Burnette.
SAN FRANCISCO GIANTS — Assigned 2B Bill Hall outright to Fresno (PCL).

BASKETBALL

NBA

DETROIT PISTONS — Named Lawrence Frank coach.

FOOTBALL

NFL

CHICAGO BEARS — Waived TE Draylen Ross.
CINCINNATI BENGALS — Signed RB Cedric Benson, LB Brandon Johnson and LB Manny Lawson.
DETROIT LIONS — Released LB Zack Follett, LB Korey Bosworth and DB Jack Williams. Signed DE Greg Banks.
HOUSTON TEXANS — Signed FB Lawrence Vickers.
KANSAS CITY CHIEFS — Signed DB Javes Lewis and CB Mario Ruussell.
NEW ENGLAND PATRIOTS — Re-signed T Matt Light. Signed C Chris Morris, RB Ben-Jarvus Green-Ellis, OL Jonathan Compas and RB Richard Medlin. Released RB Thomas Clayton and OL Mike Berry.
NEW YORK GIANTS — Signed RB Andre Brown, WR Mark Clayton, OT Stacy Andrews and RB Ahmad Bradshaw.
PHILADELPHIA EAGLES — Agreed to terms with OT Ryan Harris on a one-year contract and WR Cordario Calvin. Signed WR Brandon Caleb. Waived LB Terence Thomas and TE John Nalbone.
SAN FRANCISCO 49ERS — Signed CB Carlos Rogers and S Madieu Williams to one-year contracts.
SEATTLE SEAHAWKS — Signed PK Jeff Reed, CB Kelly Jennings, LB Michael Johnson, TE Zach Miller, RB Chase Reynolds and DE Jimmy Wilkerson. Released DT Ladi Ajiboye, PK Wes Byrum, G Michael Huey, QB Zac Lee and LB Blake Sorensen.

CFL

HAMILTON TIGER-CATS — Traded WR Arland Bruce to British Columbia for a 2012 third-round draft pick and a conditional draft pick.

HOCKEY

NHL

CHICAGO BLACKHAWKS — Agreed to terms with F Patrick Sharp on a five-year contract extension.
OTTAWA SENATORS — Re-signed F Kaspars Daugavins to a one-year contract.
SAN JOSE SHARKS — Signed D Colin White.

SOCCER

MLS

Last night's results
Kansas City 2 Real Salt Lake 0
Philadelphia 1 Chicago 1
Portland 3 Los Angeles 0
Friday's game
Columbus at Colorado, 9:30 p.m.

UEFA

CHAMPIONS LEAGUE

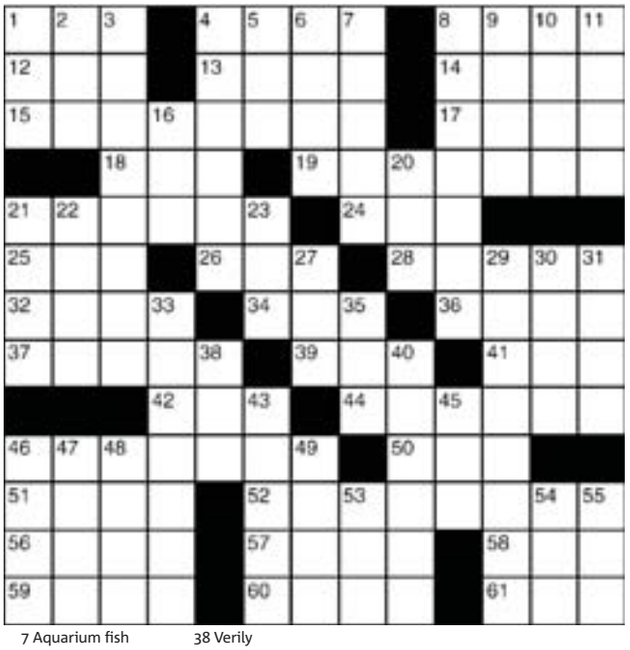
Yesterday's results
Rubin Kazan (Russia) 2, Dynamo Kiev (Ukraine) 1, Rubin Kazan advances on 4-1 aggregate
Trabzonspor (Turkey) 1, Benfica (Portugal) 1, Benfica advances on 3-1 aggregate
Vaslui (Romania) 0, FC Twente (Netherlands) 0, Twente advances on 2-0 aggregate
Zurich (Switzerland) 1, Standard Liege (Belgium) 0, Zurich advances on 2-1 aggregate
Champions Route
Malmo (Sweden) 1, Glasgow Rangers (Scotland) 1, Malmo advances on 2-1 aggregate
Slovan Bratislava (Slovakia) 0, APOEL (Cyprus) 2, APOEL advances on 2-0 aggregate
Viktoria Plzen (Czech Republic) 3, Rosenborg (Norway) 2, Viktoria Plzen advances 4-2 on aggregate
Sturm Graz (Austria) 1, Zestafoni (Georgia) 0, Sturm Graz advances on 2-1 aggregate
Wisla Krakow (Poland) 3, Litex Lovech (Bulgaria) 1, Wisla Krakow advances on 5-2 aggregate
Dinamo Zagreb (Croatia) 1, HJK Helsinki (Finland) 0, Dinamo Zagreb advances on 3-1 aggregate
Maribor (Slovenia) 1, Maccabi Haifa (Israel) 1, Maccabi Haifa advances on 3-2 aggregate
Partizan Belgrade (Serbia) 1, Genk (Belgium) 1, Genk advances on 3-2 aggregate

CONCACAF

CHAMPIONS LEAGUE

PRELIMINARY ROUND
Last night's results
Dallas (U.S.) 1 Alianza (El Salvador) 0
Puerto Rico Islanders 3 Isidro Metapan (El Salvador) 1
Morelia (Mexico) 2 Tempete (Haiti) 0
Olimpia (Honduras) 2 Santos Laguna (Mexico) 1
Seattle (U.S.) 2 San Francisco (Panama) 0
Tuesday's result
Toronto 2 Real Esteli (Nicaragua) 1
(Toronto advances 4-2 on aggregate)

Crossword



Across
1 Six-pack muscles
4 "Huh?"
8 Slender
12 Speck
13 Ginormous
14 Last few notes
15 Good poker hand
17 Stead
18 Possess
19 Weapon collection
21 San Fernando, for one
24 Melody
25 Have a bug
26 Witnessed
28 Stickum
32 March 15, e.g.
34 Central
36 Bring to a halt
37 Bold
39 Roscoe
41 Regret
42 Conger, e.g.
44 Coy
46 Puts in the wrong place
50 Tatter
51 Help slyly
52 Vigor
56 Paddock papa
57 "My bad"
58 Writer Buscaglia
59 Despot
60 Dalai —
61 Tackle's teammate

Down
1 Billboards
2 Automaton, for short
3 Modern-day pram
4 Complains feebly
5 Embrace
6 Ottoman bigwig
7 Aquarium fish
8 Eyeball coats
9 Pork cut
10 Concept
11 Manhandle
16 Piercing tool
20 Taste
21 Futile
22 Staffer
23 Sweet potato kin
27 Peruke
29 Fight
30 Go sightseeing
31 Duel tool
33 Less corpulent
35 Old man
38 Verily
40 Singer Brewer
43 Disinfectant brand
45 Chap
46 Spar
47 Wading bird
48 Antitoxins
49 Old portico
53 Spinning stat
54 Coffee break hour
55 Scuttle

▶ Yesterday's answer

Sudoku

		1	8			2		
7	8			4	5			
9			3				5	
8				7				9
		6				5		
2				1				8
	4				3			1
			7	6			9	5
		3			9	6		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

5	9	7	4	2	8	3	6	1
2	1	8	3	7	6	9	4	5
3	4	6	1	5	9	8	2	7
8	7	3	9	6	2	1	5	4
4	5	1	7	8	3	6	9	2
9	6	2	5	4	1	7	3	8
7	2	9	8	3	4	5	1	6
6	3	5	2	1	7	4	8	9
1	8	4	6	9	5	2	7	3

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Lu, I miss you. I love you. You're never far from my heart or my thoughts. Pleaes come home. I'll be waiting. **NA**

Lucky Lukey, I admire your optimism, your strength, your brilliance, and beauty. You have been there for me through crazy times, and with you I feel I can conquer anything. To my partner in crime, my best friend, my lover, my adventurer, I hope to give you all you have given me in the years to come. **DAZED**

Bubble in a soda pop, I am thankful everyday to have you in my life and even though it's only been 6 months I can say you're absolutely the only one for me, my best friend, my lover and my soulmate! You are my rock and cause of you I'm a better person. **LOVE BUG**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Someone in a position of power will say nice things about you. His or her flattery has other motives.

♉ Taurus April 21-May 21 Don't let a rival drive a wedge between you and someone you love.

♊ Gemini May 22-June 21 If someone tries to take liberties, you must deal with him or her harshly. Tread on toes if you must.

♋ Cancer June 22-July 22 If you let something that seems trivial pass today, others will take it as a sign you can be bullied.

♌ Leo July 23-Aug.23 Do what you can to please a person whose support you rely on but don't go to extremes or make empty promises.

♍ Virgo Aug. 24- Sept. 22 Others will respect you more today if you say what you mean and mean what you say.

♎ Libra Sept. 23-Oct. 23 Stop worrying that not all your plans have worked out as expected.

♏ Scorpio Oct. 24-Nov. 22 The more others appeal to your sense of duty, the more you should be suspicious of their motives.

♐ Sagittarius Nov. 23-Dec. 21 Don't trust what you are told just because the person doing the telling is some sort of expert.

♑ Capricorn Dec. 22-Jan. 20 The only way out of your predicament is to face your unhappiness.

♒ Aquarius Jan. 21-Feb. 18 Family members need to be reminded that you care about their wellbeing. Spend time with them.

♓ Pisces Feb. 19-March 20. If someone at work acts out of character, think about it and ask how you can help. **SALLY BROMPTON**

Caption contest

MORRY GASH/ THE ASSOCIATED PRESS

RICK BOWMER, FILE/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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Silverware

Watches

Rolex, Vacheron & Constantine, Patek Philipe, Breitling, Omega, Jaeger LeCoultre, Select Cartier, and many other high-end watches.

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☑ Consumer's Choice Award Winner Best Local Jeweller for 9 Years in a Row!

Gold and silver prices are at all-time highs and this is a great opportunity to sell your gold, silver, platinum and palladium. Since 1967 J&M has always paid the highest price and we are still the highest paying buyers. We have won many awards and years ago the Vancouver Sun did a survey of the local gold buyers and we were the top buyer paying the best prices.

Why do other newcomer buyers offer 5%, 10% or 20% bonuses? Could it be because they are paying so little and have such large profit margins? It is frustrating to see people in our community being taken advantage of by glitzy advertising such as the TV commercials or road shows and home parties, etc...

Please note: All prices were based on **gold @ U$1,610.00** and **silver @ U$40.27** and a **CAD-USD exchange rate of 0.9587 on July 27, 2011, the day when this ad was created and will certainly be higher or lower when you come in.**

Here's a direct, real comparison over two days of J&M's buying prices with those of a new Vancouver buyer claiming to be the highest buyer.

	July 26		July 27	
Item/Description	They Pay	J&M Pays	They Pay	J&M Pays
10kt scrap gold, per gram	$14.97	$16.08	$15.04	$16.12
14kt scrap gold, per gram	$20.96	$22.59	$21.05	$22.64
1 oz. Recognized Gold Bar	$1,385.00	$1,520.45	$1,391.73	$1,524.15
1 oz. Gold Maple Leaf Coin	$1,454.00	$1,530.91	$1,461.00	$1,534.63
Sterling Silver, per Gram	$0.69	$0.89	$0.70	$0.88
Silver Canadian Coins from 1966 and earlier, per $1 face value	$17.50	$20.27	$17.80	$20.22

Gold Coins and Bars

1 oz. modern, sealed bars	$1,524.15
1 oz gold Maple Leaf	$1,534.63
1 oz. Krugerrand	$1,481.45
Sovereign	$346.94

Silver Coins and Bars

1 oz. silver bar	$38.85
10 oz. silver bar	$391.37
100 oz. silver bar	$3,828.78
1 oz. silver Maple Leaf	$39.32

Canada Collector Coins

1948 $1	$900.00 and up
1890H 50¢	$500.00 and up
1875H 25¢	$200.00 and up
1889 10¢	$350.00 and up
1921 5¢	$4,000.00 and up
1923 1¢	$14.00 and up

Silver Coins *Per $1.00 Face Value*

Canada 1968	$12.34
Canada 1967	$15.67
Canada 1966 and earlier	$20.22
USA 1964 and older	$24.55

Scrap Gold *Per gram*

10kt	$16.12
14kt	$22.64
18kt	$29.16

Plenty of FREE PARKING underneath our Vancouver store, entrance off 8th Avenue

J&M Coin & Jewellery Ltd.

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